

- CERTIFIED CARE MANAGER
- CERTIFIED SENIOR ADVISOR
- ADVANCED CARE PLANNING FACILITATOR



**DAWN BENINGHOVE**  
RN, CRP, CDP, CCM, CSA

The creation of Companion Extraordinaire has truly been a labor of love. It grew out of caring for my father during his struggle with Parkinson's Disease and Dementia. I started my 39-year Nursing career at Henrico Doctors' Hospital. My position evolved from Staff Nurse to Administrator of Home Care. I obtained my National Certification in Case Management and undertook a specialization caring for patients suffering from brain injuries and Dementia. For the last 17 years, I have been honored to serve as Founder and Owner of Companion Extraordinaire. During my tenure at Companion Extraordinaire, I have completed a Ministerial Internship Program; received a Faith Community Nurse Certification through Bon Secours; become a Certified Senior Advisor; and completed a Palliative Care Nursing Certification. My experiences, training and areas of expertise give me a depth of wisdom in the Nursing field that I am grateful to pass along to our current generation of nurses, aides, employees and students that make up our gifted team at Companion Extraordinaire.

Licensed by the  
Virginia Department of Health  
Proudly Serving Central Virginia  
24 hours a day  
365 days a week

Locally and Privately Owned &  
Operated Since 2003

 **Companion Extraordinaire**  
*Home Care Services*



**804.752.2205**

We accept the following forms of payment:

Long Term Care Insurance

Private Pay

Veterans Choice Program

112 England Street, Ashland, VA 23005  
5111 Lakeside Avenue, Henrico, VA 23228

**www.cenninc.com**

Licensed-Bonded-Insured  
Member: VAPCP, ANA, PIH, NCCDP

 **Companion Extraordinaire**  
*Home Care Services*



**Companion Extraordinaire**

We provide professional In-Home Care to many Clients in the Central Virginia Area. Whether a Client is looking for assistance with Daily Living Activities, temporary assistance recovering from a recent hospitalization, assistance with a loved one, full-time care for Alzheimers or Dementia, Palliative Care or Care Management by a skilled Care Management specialist, CENN is always

**"The Family You Choose"**

## Services You Can Count On

### Personal Care

Assistance with grooming, dressing, incontinence care, social and recreational activities, laundry, light housekeeping, home cooked meals, companionship and transportation services.

### Supportive Care

**END OF LIFE CARE ALONG SIDE HOSPICE**  
Also, respite time for families, medication support, nutrition support as needed.

### Veterans Care

Certified by the Veterans Administration as a Veteran's Choice Program Provider, CENN is honored to provide care to our nation's defenders. We also connect eligible Veterans with resources to assist with providing care and associated costs.

### Care Management

Effective and strategic coordination of all aspects of Senior Care by Certified Care Managers who are expertly able to help individuals and their families navigate care needs, guiding them through challenges that arise in Senior Care.

### Classes

"Trained to Care" Companion, Personal Care Aide, Medication Aide and CPR classes are scheduled regularly throughout the year.

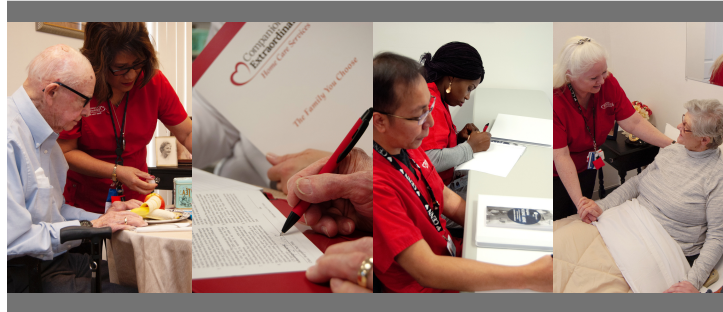
## The Family You Choose



**Our Staff is committed to providing extraordinary care unique to each individual as if they were our own family member.**

**CENN's Family of Care Providers include:**

Registered Nurses, RN  
Licensed Practical Nurses, LPN  
Certified Nursing Assistants, CNA  
Personal Care Aides, PCA  
Companions  
Certified Case Manager, CCM  
Certified Dementia Practitioner, NCCDP  
Certified Senior Advisor, CSA  
Notary Public



**"They just became Family, the Family we got to choose"**

## The Words You Use



**"From the bottom of my heart, and certainly from the hearts of my family, I thank you for every little thing you did for mom...as she has always said, "Companion Extraordinaire comes equipped with a pair of 'Angel's Wings'!"**



**"I consider my Caregivers to also be my 'Lifegivers'. Words are not enough to describe the overall good work that my two caregivers do to make my life better!"**



**"I can leave my husband knowing he will be well taken care of. He feels very comfortable with his Caregivers. The whole experience has been very gratifying."**