

Celebrating the Year of the Nurse

I graduated from Washington Hospital Center (3-Year diploma program) in 1971. I will be a nurse for 50 years in June of 2021. Understanding, caring, compassion and empathy were as much a part of my job as the medical aspects. In 1977, we moved to Richmond, Virginia. I started working at HDH Forest as a staff nurse on a 50-bed surgical unit. In 1980, I became employed at Bon Secours St. Mary's where I spent the next 20 years in all different aspects of nursing: stepdown ICU, surgical, mother/infant, home health, Director of Family Life. In 1988 another opportunity presented itself, so I opened a company called Health Educators. We focused on CPR, ACLS and PALS. We serviced hospital staff, construction companies and daycares. Our focus on education was to provide quality education in a non-intimidating environment. I have also been a camp nurse – from Maine to Shenandoah Valley. Today I am semi-retired. I work for CENN as an instructor and Optima providing Biometric Screenings and Flu Clinics. I also continue to teach for Health Educators.



Margo Royanye, RN

Carol Aliff, RN graduated nursing school in May, 1975 (45 years ago) "I actually graduated one weekend and the next weekend I was married!"

She was hired at CENN in November 2015 and states she is looking forward to another 5 years! Carol's interest in nursing began as a volunteer at Richmond Memorial Hospital (now called Memorial Regional). The program was for teens. "We actually worked our way through the Candy Striper program receiving awards for the time we put in."



Carol Aliff, RN

Areas of work

- HOSPITAL: Med.Surg., Neurosurgery, Rehabilitation (Sheltering Arms)
- NURSE EDUCATOR:JSR-CNA program, Centura-LPN program,
- CENN-CNA and PCA programs
- SCHOOL NURSE
- STAFF DEVELOPMENT COORDINATOR
- DON for Covenant Woods(CCRC)



Home Care Association of America's 2020 Caregiver of the Year Award

2020 Caregiver of the Year Award

I AM... lovable

Our very own Juanita Compton, CNA was nominated for the:

Home Care Association of America's 2020 Caregiver of the Year Award

Thank you, Juanita for all you do for caring for our clients. The work you do is important and truly valued!

*Juanita Compton pictured above

Happy Birthday

Bonnie McKinney November 9th
 Brenda Pitts November 11th
 Anna Thomas November 12th
 Mary Ann Johnson November 13th
 Paolo Moyani November 15th
 Bukky Ogunade November 20th
 Bette White November 20th
 Kristi Duke-Brown November 23rd



Scheduling Segment



Diana Chavez 1 year
 Benita Grate 1 year
 Chemeka Graves 1 year
 Rachany Kay 1 year
 Vicki Leach 6 years
 Resia Smithers 15 years



Flu Season

Every year, flu vaccination prevents illnesses, medical visits, hospitalizations, and deaths. Flu vaccination also is an important preventive tool for people with chronic health conditions. For example flu vaccination has been associated with lower rates of some cardiac events among in people with heart disease.

<https://www.cdc.gov/flu/pdf/freeresources/general/strong-defense-against-flu.pdf>

reminder

Professional Development Pathway
 You will receive your pathway portfolio at December Skills Day. This portfolio is very important for you to keep safe, you will use it throughout the year.

Skills Corner

By practicing _____ on every person in your care, you greatly reduce the risk of transmitting infection.

Answer: Standard Precautions

THERE IS ALWAYS SOMETHING FOR WHICH TO BE THANKFUL

Companion Extraordinaire Home Care Services

Health Family Our Staff Friends Home