



Happy March team!! We have lots going on, so be sure to read through the newsletter and mark your calendars! We are off to an exciting 20th year!



**Lisa Lettley, PCA**

### March Employee of the Month

Lisa has been a Personal Care Aide here at Companion for 5 years. If you were to ask Lisa what her job entails, she would ask you how much time you have. What a perfect response, we know that caregivers wear many hats and have numerous roles as we care for clients and serve their families. Lisa is the definition of an extrovert! When she comes by the office we all know it and she leaves her mark where she goes! She seeks adventure and has even been bungee jumping- though she would not recommend it nor do it again. Lisa serves her clients and their families with excellence. She understands from the family's perspective and strives to do what she can to ease their burden and fill any role they need her to take. Since starting with Companion 5 years ago, Lisa says that she has grown so much and she is extremely grateful for the opportunity and the way that Dawn and the company have poured into her professionally and personally from day one to now and everything in between!



### Support Group Relunched

We have reinvented and relaunched our support group! We are so excited to have Stephen Sanders as our facilitator. Stephen is a certified life coach and brings a wealth of knowledge and skills to the table. This is a way that we hope to add value to our team and give you tools and resources and just a space to discuss the tough demands of life.

Support Group will meet on the 4th Tuesday of each month from 5pm-6pm at the Lakeside

office.

This month we invite those who have lost a patient to participate in a special support group where we will honor those who have passed and discuss grief.



### Upcoming Events

- PCA Class for March will be March 13th-24th.
- CPR Classes in March will be 3/7 4p-6p, 3/15 10a-12n, 3/25 9:30a-11:30a. Call the office to sign up for the date you need.
- Support Group will be March 28th 5pm-6pm.
- 60 Day Class will be March 14th 8a-12n.
- Town Hall March 21st 5p-6p. A link will be sent out the Monday prior.
- Bon Air Job Fair- March 21st 10a-2p
- Ashland Job Fair- March 24th 9a-12p
- Lakeside Job Fair- March 30th 10a-2p
- Mark your calendars for our 20th Anniversary Celebration! Join us at Lewis Ginter Botanical Gardens on May 13th from 4p-7p.



### March Birthdays

- Anne Coley- 3/4
- Megan Franklin- 3/12
- Amanda Livesay- 3/20
- Lisa Lettley- 3/21
- Kadyja Fall- 3/30



### March Anniversaries

#### 4 Years

Shirley Bailey  
Torri Taylor  
Danyell Thomas

#### 6 Years

Claire Coefe

#### 19 Years

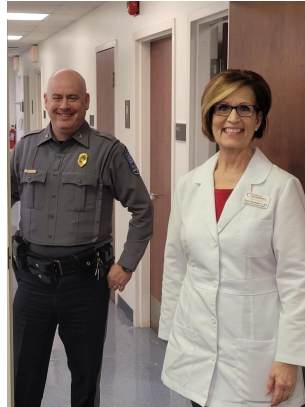
Jeanette Wakefield

### Benefits Spotlight

Each month we want to make sure that our team is aware of the benefits we offer to each of you!

Each of you are EXTRAORDINARY caregivers and we love to build are team

by you sending us the EXTRAORDINAIRY people you know! We have two employees that have both recently referred employees to us and we are so thankful and excited! As an additional incentive, Companion offers a monetary bonus for referrals once they hit their 90 day mark and are in good standing.



### Acts of Kindness

In celebration of our 20th anniversary we have decided to give back to the community by doing 20 acts of kindness throughout this year!

One of our Care Pro's, Juanita, cooked up a fantastic meal for the department! She calls it Filipino Fusion. I can't list it all but we had fried chicken, scalloped potatoes, corn, green beans, salad, rolls, shrimp fried rice, rice lo mein, an assortment of pies and cookies, and we washed it all down with pink lemonade. It was a great opportunity to show our love and support to the Ashland Police Department!



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