

Why Choose a Career in Healthcare?

Enter the healthcare field as an aide and begin making a positive difference for your family, for others and for you.



Need More Information? Contact Us Today

Learn about Companion Extraordinaire, our professional training center and a rewarding career in health care. Contact us today.



PHONE

804-752-2205

WEBSITE

cenninc.com

EMAIL

info@cenninc.com

ADDRESS

5111 Lakeside Avenue
Henrico, VA 23228



What will I Learn in the ESL Personal Care Aid Class?

Learn how to provide basic patient care under the direction of our seasoned nursing staff. Learn to assist clients with activities of daily living including: feeding, bathing, dressing, grooming, mobility, and medication reminders.



ESL / PCA Class



Personal
Care Aide Class
for the ESL
Hispanic/Latino
Communities



VISIT US ONLINE AT:
cenninc.com



“Trained to Care” Adult Education Classes

OUR STORY

Since 2003, Companion Extraordinaire has served the community as a homecare agency, led by founder & CEO, Dawn Beninghove, RN.

HOW TO ENROLL

1.

Download and complete the **Student Application** online at our Education Portal. Make sure to sign both the Student Application and the Sworn Statment at: https://cenninc.com/wp-content/uploads/2023/05/Student-Application_05.01.23_fillable.pdf

OR USE THE DOWNLOAD QR CODE



2.

Email the completed and signed forms to trainingclasses@cenninc.com or bring to our Companion Extraordinaire location at 5111 Lakeside Avenue, Henrico, VA.

Meet Our Instructors



Dawn Beninghove
LEAD INSTRUCTOR
Chief Executive Officer/Owner
RN, CCM, CRP, NCCDP, CSA



Ann Pryor
PRIMARY INSTRUCTOR
Staff Development Coordinator
RN, MS, ANP



Upcoming ESL/PCA Class

PERSONAL CARE AIDE CLASS FOR THE ESL HISPANIC/LATINO COMMUNITIES

PCA Hybrid Class | 80 Total Hours
38 hours in-person classes +
42 hours on-line training and testing

Module 1

HIPAA | Client Rights | Infection Control
Coronavirus | Body Mechanics
Workplace Violence | Skills | Testing

Module 2

Dementia Friends | Cultural Awareness
| Communication | Physiological Changes in
the Elderly | Elder Abuse | Skills | Testing

Module 3

Home Management | Nutrition | Fire
Chemical and Electrical Safety | Emergency
in the Home | Vital Signs

Module 4

Death and Dying | Oxygen Therapy
Pressure Injuries | Testing

January 8 - March 4, 2024

What Skills Can I Expect to Gain in the ESL Personal Care Aide Class?

- ✔ Use of a draw sheet
- ✔ Applying & removing non-sterile gloves
- ✔ Making an occupied & unoccupied bed
- ✔ Giving a bath to bed-confined patient
- ✔ Foley care/empty bag/Ostomy Care
- ✔ Applying knee-high elastic stocking
- ✔ Principles of blood pressure/pulse
- ✔ Hoyer Lift
- ✔ Passive range of motion (PROM)
- ✔ Preparing and serving the patient a meal
- ✔ Skin care/ hair care/ shaving male patient
- ✔ Feeding a patient who is unable to self-feed
- ✔ Basic first aid measures/CPR
- ✔ Principles of respiration/temperature

*** DMAS REQUIREMENTS ***

Grant recipients must be 18 years of age or older; must be able to read and write in English to the degree necessary to perform the tasks expected; must be able to perform the tasks required; and must be able to pass a PCA course with a score of 80% or higher.

GTE GRANT, DEPARTMENT OF AGING, VCU